

6/30/21



# RED, WHITE, AND BLUE CUPCAKES



# Everyone joining needs:

- White Cake Mix or Recipe
- White Cake Frosting
- □ Red and Blue Food Coloring
- □ Red, White, and Blue Toppings (like sprinkles, berries, or American Flag/ Patriotic picks)
- ☐ Cupcake Liners (white or festive)
- Cupcake Pan
- Measuring Spoons and Cups
- Whisk or Mixer
- Rubber Spatula for mixing
- 2 mixing bowls
- 3 small bowls for food coloring
- Offset spatula, piping bag and tip, or spreading knife for icing



## White Cupcakes: Ingredients

- ☐ 1½ cups cake flour
- 2 teaspoons baking powder
  - ½ teaspoon salt
- ½ cup unsalted butter room temperature
  - 1 cup granulated sugar
  - ☐ 1½ teaspoons vanilla extract
  - 3 large egg whites **room temperature** 
    - ☐ ½ cup milk <u>room temperature</u>
      - Red and blue food coloring



### White Cupcakes: Recipe

Courtesy of the Toasty Kitchen:

- 1. Preheat oven to 350 degrees and line cupcake pan with liners. Set aside.
- In a medium bowl, whisk (or sift) together the dry ingredients: cake flour, baking powder, and salt. Set aside.
- 3. In a large bowl, cream together butter and granulated sugar. Add vanilla and beat until incorporated. Then, add egg whites and beat until light and fluffy, about a minute.
- Add flour mixture to butter mixture in thirds, alternating with the milk, just
   until each ingredient is incorporated.





#### White Cupcakes: Add Color and Bake

Courtesy of the Toasty Kitchen:

https://thetoastykitchen.com/easy-white-cupcakes/

- 1. Separate the batter into 3 bowls. Add a couple drops (until you achieve the desired color) of blue food coloring to one bowl and gently mix until the batter is smooth. **Do not overmix.** Repeat with red food coloring.
- 2. Divide batter between about 15 cupcake liners, filling each about ⅓ full. Bake in preheated oven for 16-18 minutes, or until a toothpick comes out clean.
- Remove pan from oven and allow to cool for 5 minutes before transferring cupcakes to a wire rack to finish cooling.



## White Icing: Ingredients

Courtesy of the Toasty Kitchen:

<u> https://thetoastykitchen.com/easy-white-cupcakes/</u>

- ☐ 1 cup unsalted butter room temperature
  - 4 cups confectioner's sugar
  - 2 teaspoons vanilla extract
    - □ 1/2 teaspoon salt
  - ☐ 1/3 cup heavy cream very cold



# White Icing: Recipe

Courtesy of the Toasty Kitchen:

<u> https://thetoastykitchen.com/easy-white-cupcakes/</u>

- In a large bowl, add room temperature butter and beat until creamy, about 1 minute.
- 2. Add confectioner's sugar and slowly mix until ingredients are fully combined. Then, whip at high speed for 2-3 minutes, or until light and fluffy.
- 3. Add vanilla extract, salt, and heavy cream. Mix for 1 minute until incorporated.
- Separate the icing into 3 bowls. Add a couple drops (until you achieve the desired color) of blue food coloring to one bowl. Repeat with red food coloring in another bowl.





## White Icing: Recipe

Courtesy of the Toasty Kitchen:

https://thetoastykitchen.com/easy-white-cupcakes/

- Whip each color icing for an additional 3-4 minutes, or until light and fluffy. Add additional heavy cream as needed to reach desired consistency.
- 2. Pipe or spread frosting with a knife onto completely cooled cupcakes.



